

Excel without burnout. Thrive at work and in life.

Congratulations on downloading this pdf! Regardless of whether we work together, your interest in professional development is a step toward putting your growth first.

I've worked with countless service professionals and executives to advance professionally without burnout, and enjoy an integrated, meaningful life.

Individual Coaching

My clients are life-long learners who want to grow professionally and personally, lead better, have impact, and make their own mark in their industries. With coaching, you

- access your potential
- build confidence
- expand your reputation and client base
- develop leadership skills that build trust, inspire confidence and collaboration, propel growth
- manage a remote workforce (if relevant)

VIP Intensive

- Have a goal and need a plan? Choose from a half-day, one-day or two-day VIP intensive
- We'll create your M.A.P., Master Action Plan, with clear action steps and strategies for what's next for you

FAQ

Who are my clients?

I like to say that I work with the willing. Your desire to improve and grow is the first step toward achieving a next-level, professional presence.

My clients include partners in professional services firms, and executives in companies across several industries. I've worked with individuals in law, entertainment, tech, finance, architecture, transportation and not-for-profit.

What do the people I work with have in common?

My clients are life-long learners who want to grow and excel professionally, expand their relationships, have impact, lead better, and make their own mark in their industries.

What's my approach?

My work is grounded in emotional intelligence, neurobiology, and behavioral science.

- I guide clients toward a deeper understanding of the many influences working behind the scenes that can sabotage our growth even when we have the best of intentions
- Together, we uncover beliefs that support you, those that impede you, and with that awareness, design a way forward
- You gain immediately actionable skills, tools and strategies that can be used to rapidly level up your professional life.



Ready to explore or work together? Book a no-hassle strategy conversation or email me at judith@judith-gordon.com